



PLATARAN BOROBUDUR
RESORT & SPA

PRIVATE HATHA YOGA



Private Hatha Yoga

Hatha Yoga, which literally means "union through discipline of force" is a school of yoga focusing on mastery of the body as a way of attaining a state of spiritual perfection, in which the mind is withdrawn from external forces. Hatha Yoga has grown in popularity in the west as a form of exercise that develops strength, flexibility, body relaxation and mental concentration.

IDR 300,000 ++ per person

IDR 500,000 ++ per couple

Term & Condition :

- . Yoga Venue at Putri Dewi open air
- . Rate is subject to 21% government tax & service charge

Validity : until 31 December 2019

For more information and reservations, please email to reservation.borobudur@plataran.com