









ABOUT THE DESTINATION

Secluded in a quiet cove on Waecicu Beach on the island of Flores, Plataran Komodo Resort & Spa is located a 10-minute boat ride from the island's main town of Labuan Bajo, the gateway to the UNESCO-protected Komodo National Park, making it an ideal base for exploring other nearby islands. Spotting Komodo dragons in their natural habitat on Rinca and Komodo Islands, climbing to the peaks of Padar Island, and sinking your toes in the sand on famous Pink Beach make for great day trips and adventures – all within one or two hours of the resort.

The park's crystal clear waters are also a magnet for travellers, home to pristine coral reefs and countless species of marine life, including manta rays, dolphins, turtles and dugongs, providing divers and snorkelers with endless delight.











LOCAL COOKING CLASS & MARKET TOUR

Rp 1.500.000 ++ per person

This trip lets you delve into the rich and distinctive cuisine of Flores, from market to kitchen to table top. First up, hop aboard our boat and set sail to a local seafood market, where you will source and buy some key ingredients for traditional recipes. Next, heading to another local market by car, where you will get a closer look at daily life, centred around the serious business of shopping and cooking. Join Plataran's exclusive cooking class to learn the secrets of Indonesian delicacies and discover timeless traditional methods that go into every dish. The Plataran Komodo Beach Resort cooking class provides you with a fascinating insight into the traditional customs of everyday cooking, whilst also demonstrating the importance of cuisine to local customs and culture. Participants learn about the exotic herbs and spices collected from locations throughout the archipelago and their usage in the Indonesian kitchen. Our chef will prepare four different styles of cooking class in which guests can learn according to their interests and experience. Participants who complete the course will receive a certificate of achievement.

Price Inclusion:

- · Visit to seafood market by sailing boat
- Visit local market to buy ingredients
- Private cooking class with our chef
- Three-course meal for lunch after cooking
- Mineral water and soft drink
- Cooking class certificate
- Manggarai souvenir: local Songke shawl

Note: We are open to special menu requests from our guests!





SUNRISE HILL BREAKFAST

Rp 450.000 ++ per person

Rise before the dawn, ready to set off by 5am to climb the hills at the backof the Plataran Komodo Beach Resort with one of our guides and/or butlers. Arrive at one of the prestige hilltops overlooking the eastern side of Flores during sunrise at the aptly named sunrise point. After that, descend to the second spot, to watch the skies turn from gold to blue while enjoying a delicious breakfast and enjoying the majestic views.

Activities to do

Trekking to Sunrise Hill viewpoint Watch the sunrise from Hill Point Enjoy breakfast on top of Teletubbies Hill

Menu - Sunrise Breakfast

Morning coffee or tea break Assorted breads A range of sandwiches Tortilla salad wrap Mixed whole fruits Various fresh juices

Breakfast Concept Setup

Family Picnic, Vintage Style





FLORES LOCAL LIVING COUNTRYSIDE

Rp 4.500.000 ++ per couple

Join us on a walk of cultural, ecological and natural discovery as we explore ancient local habits, lush jungle, traditional villages and local plantations, as we trek through rice paddies in the spectacular heartland of Manggarai. Our journey begins with a traditional welcome ceremony from local people, accompanied by a traditional local welcome drink known as "sopi", served in a local house. Continue with trekking along the banks of a local plantation, where we pass through lush jungle areas, orchards and groves, where candlenut trees, pineapple, palm trees, and many kinds of vegetables are grown. The local plantations are where you can see local palm sugar being made, along with the highly photogenic process of coffee brewing. Lunch is provided during the trek with picturesque rice fields as your backdrop, whilst enjoying the sounds and sights of nature at its very best.

Price Inclusion:

- Private car
- Local guide
- · Bottled mineral water
- · Soft drinks and cool towel
- · Local coffee or tea during tour
- Entrance fees at Cecer Village
- Entrance fees at Limestone Mirror Cave
- Lunch at local restaurant

Price Exclusion:

- Tipping
- Donations
- Local Songke shawl Rp 150.000 per pcs

What to bring:

- Hat
- Walking shoes
- Camera





RANGKO SEA POOL CAVE & FISHERMAN VILLAGE

Rp 1.500.000 ++ per person

Tucked away in a secretive natural cave on the peninsula, Rangko is a hidden gem, which until recently was only known to local fisherman. Located 45 minutes' boat ride from the resort, the cool waters and spectacular rock formations of this saltwater pool form a unique environment, framed by dozens of limestone pinnacles and jagged stalactites up above, giving this secluded spot an otherworldly and strangely tranquil feel.

Destinations:

Resort – Rangko Cave activity – Picnic Lunch - Sabolo Island snorkeling – Seraya fisherman Village - Resort

Price Inclusion:

- Private boat and guide
- Entrance fee at Rangko Cave
- Private picnic lunch
- Snorkeling equipment
- Bottled mineral water
- Soft drinks
- Face towel and beach towel

What to bring:

- Hat
- Swimwear
- Sports shoes
- Money for personal expenses

Minimum 2 persons. ++ subject to 21% Government Tax and Service Charges





BIDADARI ISLAND SNORKELING

Rp 600.000 ++ per person

Let our captain take you on a voyage to Pulau Bidadari (Indonesian for 'Angel Island'), where powdery white sands and azure warm waters make this a heavenly island getaway. Discover all kinds of small creatures in the shallows just offshore on this natural enclave, where colorful fish and even baby reef-sharks come to school in the warm tropical waters.

Price Inclusion:

- Private boat trip
- Guide
- Mineral water and soft drinks
- Snorkeling equipment
- Beach towel and cool towel on boat







LIMESTONE MIRROR CAVE & NATURAL RANGKO POOL CAVE

Rp 3.800.000 ++ per couple

Discover natural wonders on a full day of adventures during our crystal cave tour. A short trek takes you to a unique mirror cave that we call "Batu Cermin" – this spectacular limestone cave is located within a prominent rock formation near Labuan Bajo. Through a hole in the cave, rays of light cascade onto the interior walls, where they perform a spectacular show of reflected sunlight. This fascinating effect is caused by slick, mirror-like rock surfaces that reflect the light (hence the cave's name; 'Batu Cermin', which means 'mirror rock' in Indonesian). Rangko cave is a large pool of crystal-clear seawater, glowing a bright turquoise color as a result of sunlight coming through the mouth of the cave. Here you can swim, cliff jump, or simply admire the otherworldly beauty of the stalactites up above, while floating in the cool, ultra-salty water of the cave.

Price Inclusion:

- Private full-day tour by car
- Guide
- Return local boat Rangko Cave transfer
- Mineral water and soft drinks
- · Cool towel and bath towel
- Entrance fees for Limestone Mirror Cave
- Entrance fees for Rangko Cave

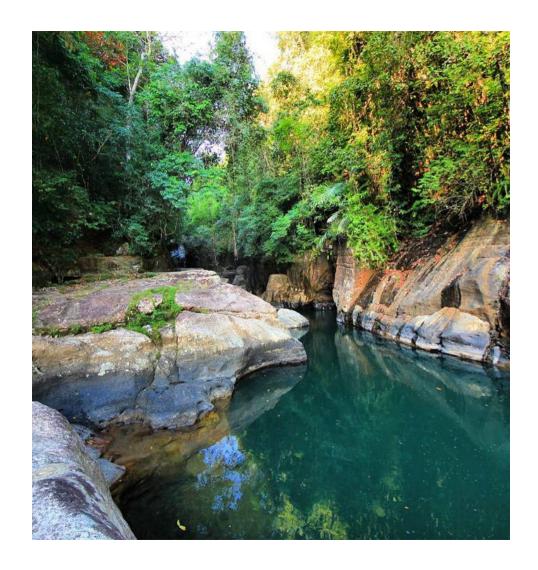
What to bring:

- Hat
- Trekking shoes
- Camera
- Swimwear

Price Exclusion:

- Tipping
- Donations

Minimum 2 persons. ++ subject to 21% Government Tax and Service Charges



CUNCA WULANG WATERFALL CANYON

Rp 3.800.000 ++ per couple

Cunca Wulang Waterfall Canyon, located 30km east of Labuan Bajo and nestled in a tropical rainforest setting, is one of Flores' most striking spots for outdoor activities. Impressive waterfalls cascade into beautiful freshwater pools, lead to a series of smaller waterfalls and rivers just a few kilometers downstream. The area is also home to some good hiking and swimming spots. One such medium-impact hike takes you to Cunca Wulang from Wersawe Village; a route that is framed by idyllic paddy fields in different stages of their planting and harvesting cycle. Vanilla, coffee, candlenut and cacao can also be seen along the trail; the final, steepest part of the trek leads you through a section of lush tropical rain forest. The local guide in Wersawe Village will be glad to show you the best trails and places in the canyon, in return for a small contribution. After that, head back to Labuan Bajo and visit the Limestone Mirror Cave before returning to the resort.

Price Inclusion:

- · Private full-day tour by car
- Local guide
- Mineral water and soft drinks
- Cool towel and beach towel
- Entrance fees for Cunca Wulang waterfall
- · Lunch in a local restaurant
- Entrance fees for Limestone Mirror Cave

What to bring:

- Hat
- Trekking shoes
- Camera
- Swimwear

Price Exclusion:

- Tipping
- Donations

Minimum 2 persons. ++ subject to 21% Government Tax and Service Charges





CITY TOUR

Rp 1.250.000 ++ per car (maximum capacity 4 guests)

Jump in the car to stroll around Labuan Bajo town to see some of the best views of the area or to sniff up the local cultures. Our guide will take you along some of the most impressive viewpoints overlooking both ocean as the stretched mainland of Flores for some "holiday-picture moments", after which the journey will turn down to the Batu Cermin (limestone cave) and traditional market. To end the tour your driver will stop at the viewpoint overlooking the Labuan Bajo harbor with is beautiful traditional ships to see the sun sink in the water of the Flores Sea and find some restaurant fo your having lunch.









MANGGARAI ARTS, CULTURE & HERITAGE TOUR

Rp 4.800.000 ++ per couple

The Manggarai are located in the western portion of Flores Island in the province of Nusa Tenggara. Their language, which is also called Manggarai, has 47 sub-dialects. The Manggaraian people are famed for their long-standing heritage of ritual and ceremonial life, as well as distinct agricultural and architectural practices. Caci performances and lingko ricefields are just a few among many highlights of which the Manggaraian people are rightly proud. Manggarai culture endows the place with unique ceremonies, beliefs, attitudes, art forms, handicrafts and other themes central to daily life.

Destinations:

Labuan Bajo – Liang Dara Village – Museum Tenun Ikat – Limestone Coral Cave

Price Inclusion:

- Private Car
- · Bottled mineral water
- Soft drinks and cool towel
- Local coffee or tea during local dance performance
- 5 local dances performed by local people
- Entrance fees at Liang Dara Village
- Entrance fees at Limestone Mirror Cave
- Entrance fees at Museum of Art, Manggarai
- Lunch at a Mbaru Mbeka local house

What to bring:

- Hat
- · Walking shoes
- Camera

Price Exclusion:

- Tipping
- Donations
- Local Songke shawl Rp. 150.000 per pcs

Minimum 2 persons. ++ subject to 21% Government Tax and Service Charges







SEAFOOD BBQ BEACH DINNER

Rp 750.000 ++ per person

With a stocked ocean larder on our doorstep, seafood is something of a specialty at Plataran Komodo. Try our catch of the day, combining grilled and flavorful fish with crustaceans and vegetables, for a plate that's bursting with taste and local culinary expertise, against the backdrop of beautiful tropical views. For the best and freshest seafood you've ever tasted, head to the beach for this superb seafood BBQ beach dinner.





PRIVATE DINNER ON THE BEACH

Rp 550.000 ++ per person

Settle down for dinner at sunset with your loved one, framed by the delicate decorations of our private dinner setup and the colorful evening sky. This three-course meal, complete with a glass of wine and dedicated butler service, is the perfect combination of delicious food and picture-perfect setting; an evening that's guaranteed to live long in the memory.

BONFIRE DINNER ON THE BEACH

Rp 650.000 ++ per person

Enjoy an unforgettable dinner under the stars at Plataran Komodo, where our Rijsttafel dinner menu provides iconic Indonesian dishes to match the location. With lights twinkling over the water from our jetty beyond, huddle closer together near to our bonfire on the beach, where an evening of delicious cuisine combines with a unique setting to create an experience you'll never forget. This is secluded luxury dining as you've never experienced before.





PRIVATE LESEHAN BALE DINNER ON THE BEACH

Rp 550.000 ++ per person

Treat yourself and the one you love to an evening you'll never forget. Combining classic Indonesian dishes with wine and delicate decorations, the menu is just the start. Our romantic and secluded bale on the beach is beckoning, for an evening of delicious cuisine and luxurious service, framed by idyllic tropical surroundings.

PRIVATE DINNER ON THE OCEAN JETTY

Rp 650.000 ++ per person

Reaching out into the glittering ocean of Komodo National Park, dinner on our charming timber jetty is a culinary experience without compare. Enjoy three courses of sumptuous cuisine including wine, served up by your very own dedicated and attentive butler. Illuminated by candlelight and the setting sun, this unique dinner package is the epitome of romance and natural beauty.







ATLAS PEARL FARM TOUR & SNORKELING

Rp 750.000 ++ per person

Make your trip to Labuan Bajo a journey to remember, with this immersive tour of Atlas's working pearl farm in Flores. Explore the magic, experience the beauty of nature and unlock the mysteries of the South Sea pearl for yourself. From hatchery to harvest, pearl farming is an intensive 4-year process, cultivated to produce the best commercial-quality South Sea pearls. Flores is unique as it is home to a pearl farm that produces world-class jewellery, located on Pungu Island. Just a 30-minute speedboat ride from the resort, we Atlas Pearl Farm is where we're headed, for a tour through their farming facilities and redesigned jewellery boutique.

FISHING LIKE A LOCAL

Rp 450.000 ++ per person

The best way to immerse yourself in the culture of the locals in Flores is to join one of the activities that's central to daily life: fishing. From an early age, men and boys learn to fish for fun using traditional methods and basic equipment. With the sea a stocked larder all around, many go on to become expert fishermen that depend on the ocean for their livelihoods. Hop on our speed boat and journey around Waecicu Island to get a feel for their way of living and become, for a day, a true Flores fisherman. Return to the resort with your catch and hand it over to our expert chef, who will turn your freshly caught fish into a delicious dish for the evening's dinner.





ISLAND PICNIC GETAWAY

Rp 950.000 ++ per person

Enjoy this unique dining experience on your very own desert island, with a combination of relaxing activities including snorkeling in this secluded and secretive destination. During your trip our team will provide lunch, served up on a private beach to be enjoyed together with the gentle sounds of the waves nearby. This trip is the perfect combination of adventure beneath the waves and relaxing escapism on the sand.





ISLAND SNORKELING EXPERIENCE

Rp 1.200.000 ++ per person

Set off on a voyage over the waves to some secluded and spectacular snorkeling destinations, where pristine coral gardens are waiting to be explored and a diverse range of sea creatures is ready to be discovered.







WELLNESS EXPERIENCE

YOGA CLASS

Private Class Rp 1.200.000 ++ per couple Group Class 3-5 person Rp 450.000 ++ per person

Private guided season morning yoga overlooking the ocean view of over the plataran komodo is indeed spectacular and a memorable experience for life. Experience with tradition of yoga followed by a ocean breathing is perfect for maintaining physical and mental well-being. Yoga enthusiasts can calm the mind with a session of yoga at plataran ocean view, an outdoor yoga pavilion with breathtaking views of the pristine surroundings.

Price Inclusion:

- Yoga instructor
- Private yoga session (1 hour)
- Yoga mat
- Refreshments and fruits
- Cool towel





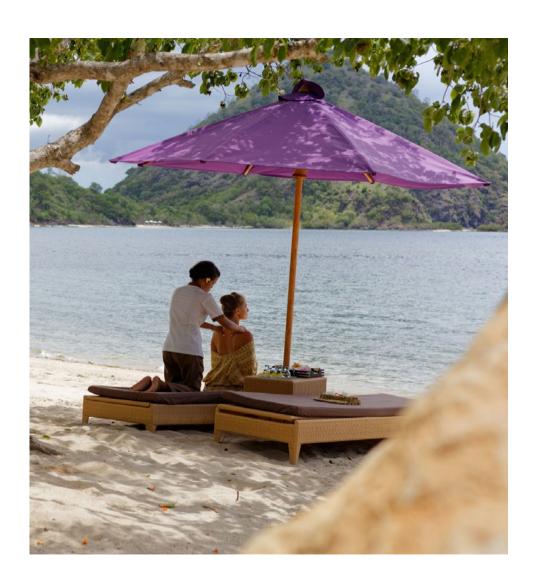


SPA ON THE CABANA

Rp 350.000 nett per person Choice of Back Massage 30 minutes | Foot Massage | Neck & Shoulder Massage | Aloevera Body Wrap

Rp 600.000 nett per person Bajo Nadi 60 minutes

Discover a new level of relaxation and bliss amid the serenity of nature, with this unique spa and massage experience. Enjoy your choice of treatment from the Padma Spa on location in your own private bale, accompanied by the soothing sounds of the waves and fresh ocean breezes. A truly wild, wonderful and rejuvenating experience.



SPA ON THE BEACH

Rp 350.000 nett per person

Choice of Back Massage 30 minutes | Foot Massage | Neck & Shoulder Massage | Aloevera Body Wrap

Take your treatment beyond the four walls of the traditional spa experience, and into the serenity of nature with Padma Spa. Plataran Komodo lets you discover a new kind of relaxation, with a range of massage therapies incorporating the latest techniques and informed by traditional Asian remedies, for a comprehensive and immersive experience. With the restorative power of sea, sand and sunshine, Spa on the Beach offers a new level of bliss.





SPA ON THE JETTY

Rp 350.000 nett per person

Choice of Back Massage 30 minutes | Foot Massage | Neck & Shoulder Massage | Aloevera Body Wrap

Padma Spa treatments can resolve an array of ailments, from circulation and muscle soreness, to sunburn, stress and tired or ageing skin. Uniquely, Plataran spa therapies in Komodo are complimented by the natural beauty of their location; guests can venture out into the wild and scenic surroundings of their destination. Spa on the Jetty lets you enjoy spa therapies overlooking the sea and with the refreshing whisper of ocean breezes on your skin. Choose from a diverse range of therapies, blending natural remedies with modern expertise.

SPA ON THE BOAT

Rp 5.000.000 nett for 5 persons Bajo Nadi 60 minutes

Rp 2.500.000 nett for 2 persons Bajo Nadi 120 minutes

Combine the indulgent powers of massage with the peaceful motion of the sea, for a spa treatment like no other at Plataran Komodo. This unique spa voyage takes you out onto the tropical waters of Komodo National park, where you can enjoy a range of restorative and indulgent treatments from the Padma Spa, whilst drifting away to the sound of the waves and soaking up the invigorating effects of sea and sunshine.









COMPLIMENTARY ACTIVITIES

AFTERNOON TEA

Daily 16.00-18.00

Enjoy our afternoon tea with traditional delicacies provided at Xanadu, Atlantis on the Rock or at the privacy of your villa.

PLATARAN WATER WORLD ACTIVITIES

Kayaking

Explore the clear waters of Waecicu beach and its surrounding islands in a sportive way.

Stand Up Paddling

A fun way to go around the blue water of our bay.

Snorkeling

Enjoy the amazing underwater world of Flores – coral reef is just off from the beach shore of the resort and offers a great variety of underwater creatures and colourful fishes.

PLATARAN SUNRISE POINT

Take an easy walk to Plataran Sunset Point for a sunrise experience that would last a lifetime.

PLATARAN SUNSET POINT

Witness the perfect combination of the pristine blue Flores sea and lush greeneries of Labuan Bajo as the sun goes down.

Based on hotel's activities schedule



PLATARAN KOMODO RESORT & SPA

Waecicu Beach, Labuan Bajo, West Manggarai East Nusa Tenggara 86757, Indonesia T. +62 81 337 086 639 E. komodo@plataran.com

www.plataran.com